

# FOOD4THOUGHT

PEOPLE HELPING PEOPLE'S MONTHLY NEWSLETTER

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## GIVEDAY TAMPA BAY FUNDRAISING OPPORTUNITY



Tuesday, May 2nd is a special day for non-profit organizations across the Tampa Bay region, including north to Hernando County. People Helping People, as well as other local agencies like the United Way of Hernando, are participating in GiveDay Tampa Bay. This 24 hour fundraising event, sponsored by the Community Foundation of Tampa Bay, offers PHP the chance to earn thousands of additional dollars in prizes. If you have considered making a donation to PHP before, May 2nd would be a great day to do it! Set a reminder on your phone or computer and visit [GiveDayTampaBay.org](http://GiveDayTampaBay.org) and search "PHP".

## KASS CIRCLE GARDEN GROWING FOOD FOR THE HUNGRY

PHP's Community Resource Center at Kass Circle has an extensive tower and raised bed garden growing nicely this spring. Veggies like radishes, potatoes, lettuce, and carrots are given to those in need and used at our meal sites.



## SUNDAY DINNER VOLUNTEER GOES THE EXTRA STEP

Every Sunday, visitors to People Helping People's free dinner at the Senior Center are greeted by the smiling face of a beautiful, kind lady. A few years ago, retiree Anita Ciccarelli happened to see a PHP advertisement for volunteers in the local newspaper. As a Hospice volunteer for 11 years, her giving heart was curious. She called, and then began working at the entry table for the Sunday Blessings food program.

Anita welcomes guests, gives out food and bread tickets, calls for raffles, and even sings

"Happy Birthday" over the speaker system and gives a cake to people with birthdays. She brings extra food to people who she knows really needs it.



But don't let all the fun fool you. Says Anita, "We have people who are really in need of our help. I've seen more young people. We get a lot of small children. Men, women, and families who live in the woods." Anita described one man who said he walked miles just to get the free warm dinner. She worked to get a bicycle donated for him, and has done the same for others.



What motivates someone like Anita to give her time and energy? "I love to see the happy faces when they leave there. Every time when they leave, they thank us 100 times and it makes me happy to see them happy," she says.

PHP thanks Anita and all the wonderful volunteers who make Sunday Blessings possible.

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